



2024/2025 U7 Parent Meeting

Initiation Program Convenor

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Season Format

Each child will be assigned to a team. There will be two U7 Teams (14-16 players per team), made up entirely of 2018-born skaters. Formal skater evaluations will be completed for the U7 division, and each team will be assembled to be balanced in skill. Evaluations will take place after the U7 Prep Skates over 4 ice times. The U7 Head Coaches will be responsible for assembling the teams.

Blue pucks will be used for all games/practices. All games played will be cross-ice, as per OMHA and Hockey Canada requirements.

Bench Staff & On-Ice Helpers

Each U7 team will be required to have the following Bench Staff:

- 1x Head Coach
- 1x Assistant Coach
- 1x Trainer
- 1x Manager
- 1x On-Ice helper (optional)

The Head Coaches for the 2024/2025 season are:

- U7 Gold - Stephanie Campbell
- U7 Green - Brandon Reed

Coaches and Assistant Coaches must be certified as a Coach 1 – Intro to Coach (no other levels will be accepted).

Trainers must be certified with HTCP Level 1.

All staff associated with the teams must have completed the following:

- 1) Police Vulnerable Sector Check (valid for 3 years) or a Criminal Defense Declaration
- 2) Respect in Sport – Activity Leader module
- 3) Gender Identity and Expression Training module

All of the required certifications can be found on the DMHA website:

https://dorchesterdragons.ca/Pages/1184/Coaches_Bench_Staff/

Team Schedule & Webpage

U7 Prep Skates:

Tuesday, September 10, 4:30pm - 5:30pm (APC/South)
Saturday, September 14, 10:30am-11:20am (CANUSA/North)
Sunday, September 15, 2:30pm - 3:20pm (CANUSA/North)
Wednesday, September 18, 5:00pm - 6:30pm (APC/South)

Evaluations Skates:

Saturday, September 21, 10:30am-11:20am (CANUSA/North)
Sunday, September 22, 2:30pm - 3:20pm (CANUSA/North)
Saturday, September 28, 10:30am-11:20am (CANUSA/North)
Sunday, September 29, 2:30pm - 3:20pm (CANUSA/North)

For the remainder of the season, teams will be scheduled based on their team. Once the schedule has been set, schedules can be viewed on the DMHA website.

Regular ice times for U7 teams could be any of the following:

Saturdays 10:30am (GOLD) or 11:30am (GREEN)
Sundays 2:30pm (GOLD) or 3:30pm (GREEN)

Other days and times at other centers for away games

Each team has its own webpage on the DMHA site: <http://dorchesterdragons.ca/>
Your team schedule has been posted to this site.

Please sign up for email notifications. You will be notified if a change occurs. Scroll to the bottom of the main page. Select "Subscribe" and click on "Email Notifications". Follow the instructions to add email notifications for the team(s) you want updates for.

We also recommend you subscribe to your division/team calendar. Scroll to the bottom of the main page. Select "Subscribe" and click on "Calendar Subscriptions". Select your team(s) from the drop-down menu. You will be provided with a webcal address. Open this link on your phone for the dates to be added to your personal calendar.

Please review the online schedule for dates where there will be no hockey. We have several dates "blacked out" throughout the season. Reminders will be sent by email and posted on the website.

Bond Hours

You are required to complete a minimum of 1 bond job per child registered with DMHA, to a maximum of 2 bond jobs. To sign up for bond positions, please refer to the DMHA website – BONDS/VOLUNTEERS

Bond positions specific to the U5 and U6 programs may become available throughout the season, and will be emailed out. The On-Ice Helper position and Program Coordinator position all count as a full family bond. All other bond positions count as one bond

Yellow Tickets

During registration, you paid \$100 for our yellow ticket. Lottery fundraiser. Yellow tickets will be distributed in October.

You can sell these tickets (keep the money you make) or fill them out yourself. Completed tickets need to be dropped into the black drop box between the two rinks (hanging on the mural wall by the doors to the South rink, beside the schedule TV). The first draw is Nov 1st. Please submit your tickets before that date.

Special Events

Each year your Head Coach and Team Manager can try to arrange for at least one Special Event for the players. In the past, these have included jamborees (one day tournaments) and London Knights intermission skates or events. More information will follow as the season gets underway.

Uniforms

Uniforms Children will be required to have the full equipment including a mouth guard. A Timbit jerseys and matching pair of socks are provided by the DMHA. Uniforms will be distributed by Head Coaches. Jerseys and socks are available for skaters who do not have any for the prep/evaluation skates.

Name Bars

You will have the opportunity to order a name bar for the back of your child's jersey if you don't have one from last year or want a new one. We will be taking orders and payment for name bars after the parent meetings. The cost is \$12.

Respect In Sport

One parent for each skater must complete the Respect In Sport module online. More information can be found on the DMHA website here: [Respect In Sport](#)
The RIS must be completed before November 1st. You do not need to notify us once you have completed the RIS course. You do not have to do the RIS course again if you have already completed it. The cost of this module is the responsibility of the parent.

Picture Day

Picture Day will (most likely) be scheduled in late November. More details will follow by email.

Questions