



2022-2023 U7 Parent Meeting

September 11, 2022

September 18, 2022

Vice President – Hockey Operations

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Season Format

Each child will be assigned to a team. There will be two U7 Teams (16-17 players per team), made up entirely of 2016-born skaters. Formal skater evaluations will be completed for the U7 division, and each team will be assembled to be balanced in skill. Evaluations will take place after the U7 Prep Skates, over the two weekends (4 ice times). The U7 Head Coaches will be responsible for assembling the teams.

Each team will have a Head Coach, Assistant Coaches (2), Trainer and a Manager. Blue pucks will be used for all games/practices. All games played will be cross-ice, as per OMHA and Hockey Canada requirements.

Team Schedule & Webpage

U7 Prep Skates

Saturday, September 24th, 10:30am-11:20am – GROUP #1 (Last Names A-Mi)

Saturday, September 24th, 11:30am-12:20am – GROUP #2 (Last Names Mo-Z)

Sunday, September 25th, 2:30pm-3:20pm – GROUP #1 (Last Names A-Mi)

Sunday, September 25th, 3:30pm-4:20pm – GROUP #2 (Last Names Mo-Z)

Saturday, October 1st, 10:30am-11:20am – GROUP #1 (Last Names A-Mi)

Saturday, October 1st, 11:30am-12:20am – GROUP #2 (Last Names Mo-Z)

Sunday, October 2nd, 2:30pm-3:20pm – GROUP #1 (Last Names A-Mi)

Sunday, October 2nd, 3:30pm-4:20pm – GROUP #2 (Last Names Mo-Z)

Evaluations Skates

Saturday, October 15th, 10:30am-11:20pm

Sunday, October 16th, 2:30pm-3:20pm

Saturday, October 22nd, 10:30am-11:20am

Sunday, October 23rd, 2:30pm-3:20pm

For the remainder of the season, teams will be scheduled based on their team. Once the schedule has been set, schedules can be viewed on the DMHA website. Regular ice times for U7 teams could be any of the following:

Saturdays 10:30am

Saturdays 11:30am

Sundays 2:30pm

Sundays 3:30pm

Other days and times at other centres for away games



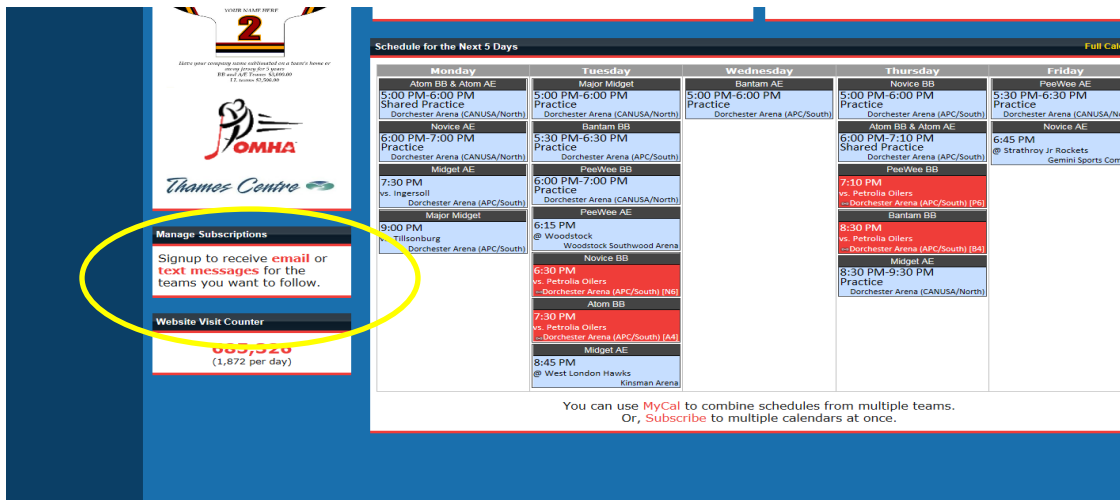
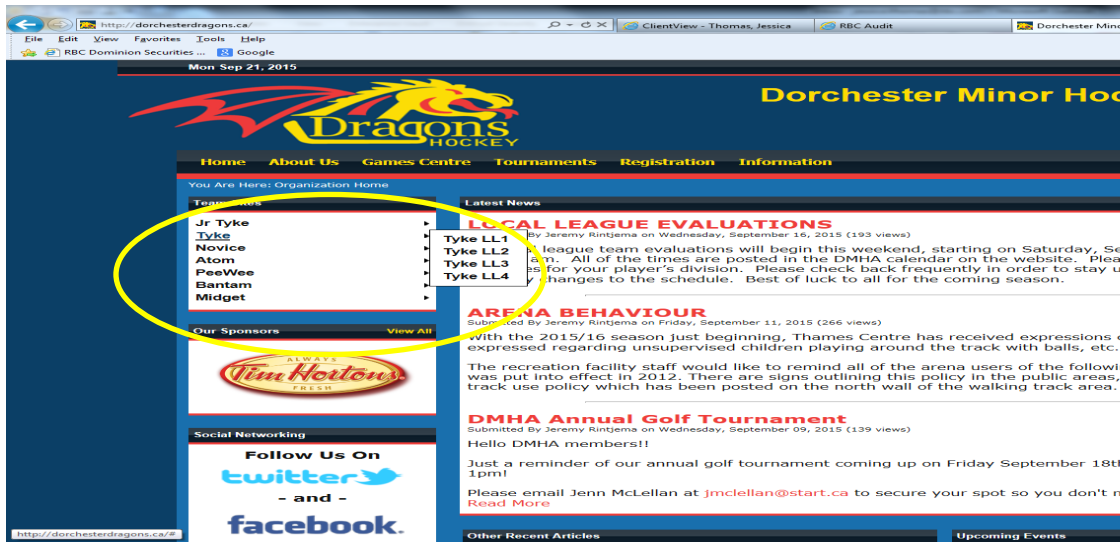
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Each team has its own webpage on the DMHA site: <http://dorchesterdragons.ca/>
Your team schedule will be posted to this site.

Please sign up for text messages or email messages. You will be notified if a change occurs. Select your division/team from the home page. Scroll down to the bottom on the left side and select "manage subscriptions". See below.

We also recommend that you subscribe to your division/team calendar. Select your division/team from the home page. Scroll down to the bottom in the middle and select "Subscribe".

Please review the online schedule for dates where there will be no hockey. We have several dates "blacked out" throughout the season. Reminders will be sent by email and posted on the website.



You can use MyCal to combine schedules from multiple teams.
Or, Subscribe to multiple calendars at once.



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Bench Staff

Each U7 team will be required to have the following Bench Staff:

Head Coach	Assistant Coach X 2
Trainer	Manager

The Head Coaches for the 2022-2023 season are:

U7 Red – Jason Grieve – jasongrieve@hotmail.com

U7 Blue – Brent Milovich – milovich.brent1986@gmail.com

Coaches and Assistant Coaches must be certified as a Coach 1 – Intro to Coach (no other levels will be accepted). Trainers must be certified with HTCP Level 1. All staff associated with the teams must have completed the following:

- 1) Police Vulnerable Sector Check (valid for 3 years) or a Criminal Defense Declaration
- 2) Respect in Sport – Activity Leader module
- 3) Gender Identity and Expression Training module

https://dorchesterdragons.ca/Pages/1184/Coaches_Bench_Staff/

If you are interested in one of the above positions with your child's team, please reach out to a Head Coach.

Bond Hours

You are required to complete 1 bond job per child registered with DMHA, to a maximum of 2 bond jobs. To sign up for bond positions, please refer to the DMHA website – BONDS/VOLUNTEERS.

Bond positions specific to the U7 program may become available throughout the season and will be emailed out. Bench staff positions with a U7 team count as **two** bond jobs.

Yellow Tickets

During registration, you paid \$100 for our yellow ticket. Lottery fundraiser. Yellow tickets will be distributed to you by your Team Manager.

You can sell these tickets (keep the money you make) or fill them out yourself. Completed tickets need to be dropped into the black drop box between the two rinks (hanging on the mural wall by the doors to the South rink, beside the schedule TV). The first draw is Nov 1st. Please submit your tickets before that date.

Special Events

Head Coaches may enter teams into jamborees and arrange for exhibition games outside of DMHA. Information regarding these events will be communicated to your team.



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Uniforms

Children will be required to have the full equipment including the mouth guard. A Timbit jerseys and matching pair of socks are provided by the DMHA. Uniforms will be distributed by Head Coaches. Jerseys and socks are available for skaters who do not have any for the prep/evaluation skates.

Name Bars

You will have the opportunity to order a name bar for the back of your child's Timbit jersey. Team Managers will coordinate the ordering, payment and distribution of name bars. The cost is \$12.

Respect In Sport

One parent for each skater must complete the Respect In Sport module online. More information can be found on the DMHA website here: http://dorchesterdragons.ca/Pages/3670/Respect_in_Sport/. The RIS must be completed by October 1st. You do not need to notify us once you have completed the RIS course. You do not have to do the RIS course again if you have already completed it. The cost of this module is the responsibility of the parent.

Picture Day

Picture Day will be (most likely) be scheduled in late November. More details will follow by email.